

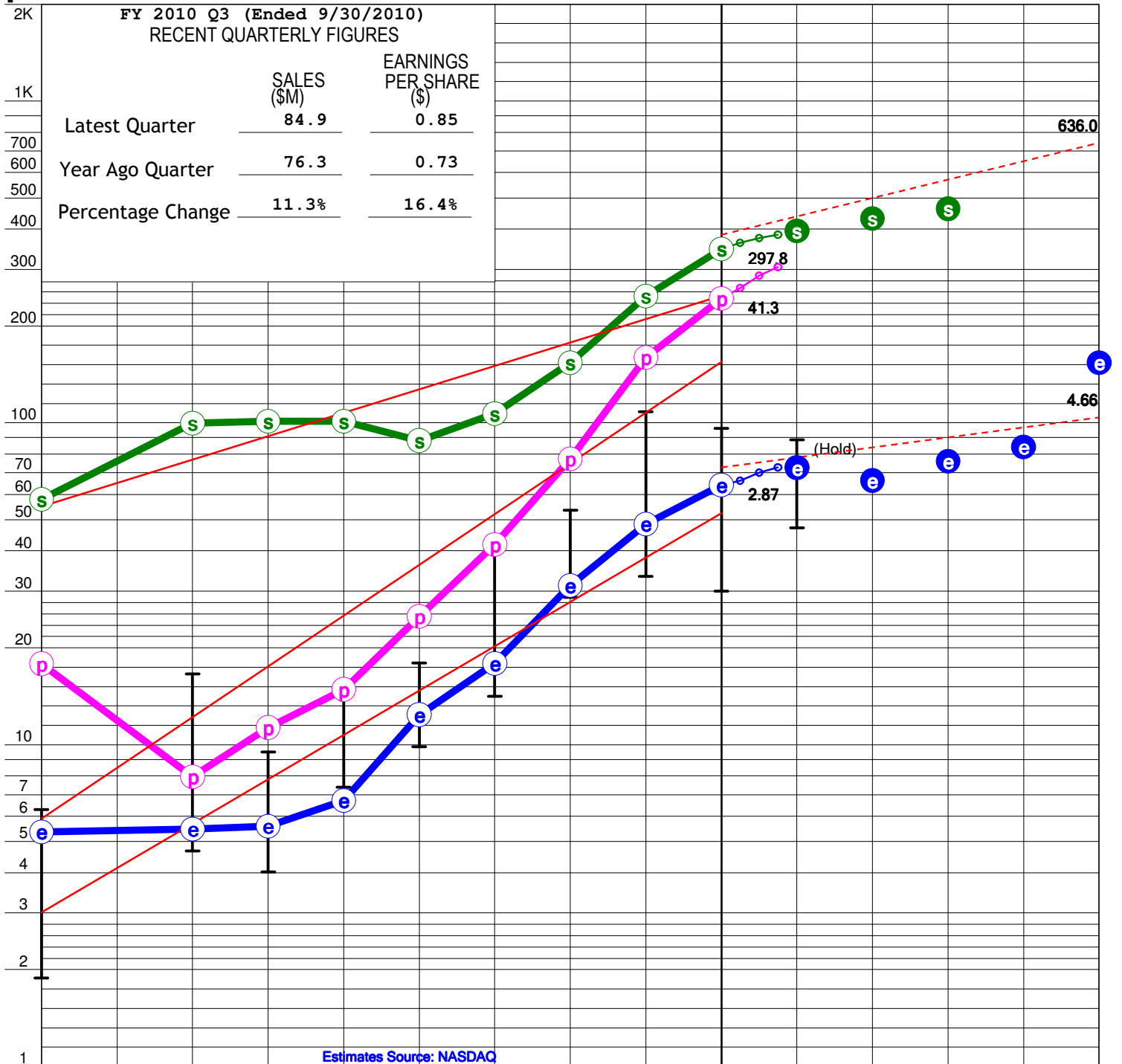


Stock Selection Guide

Company	ALMOST FAMILY INC	Price Date	01/19/11
Study by	RCB	Data Date	01/12/11
Sector	Healthcare	Data Source	StkCntrl
Industry	Medical Care	Reference	VL_SP_MSTA
Preferred(\$M)	0.0		
Common(M Shares)	9.1	% Insiders	11.2
Debt(\$M)	2.9	% Institutions	67.1
% Debt to Tot.Cap.	1.9	Quality	6.8 (Take Stock)

1 Growth Analysis

NAS: AFAM



(1) Historical Sales Growth	18.3 %	(3) Historical Earnings Per Share Growth	37.4 %	www.iclub.com
(2) Estimated Future Sales Growth	14.0 %	(4) Estimated Future Earnings Per Share Growth	7.4 %	
(5) Sales Growth R ²	0.80	(6) Earnings Per Share Growth R ²	0.89	

2 QUALITY ANALYSIS

Company

ALMOST FAMILY INC

(AFAM)

01/19/11

	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	5 YEAR AVG.	TREND UP / DOWN
A % Pre-tax Profit on Sales	6.1		1.6	2.2	2.9	5.6	7.7	9.9	12.7	13.9	10.0	UP
B % ROE (Beginning Yr)				11.2	11.2	18.8	18.5	24.4	33.8	24.6	24.0	UP
C % Debt to Equity	72.8	0.0	142.8	100.2	37.4	5.5	47.1	47.0	31.7	2.1	26.7	DOWN

3 PRICE, PRICE/EARNINGS RATIO and DIVIDEND ANALYSIS

CURRENT PRICE 36.830 52-WEEK HIGH 44.120 52-WEEK LOW 23.500

Fiscal Year	High Price	Low Price	EPS	High P/E	Low P/E	Dividend	% Payout	% High Yield
1 2005	8.9	4.9	0.56	16.0	8.8	0.000	0.0	0.0
2 2006	22.0	7.0	0.80	27.5	8.7	0.000	0.0	0.0
3 2007	26.6	14.3	1.40	19.0	10.2	0.000	0.0	0.0
4 2008	53.9	16.6	2.17	24.8	7.6	0.000	0.0	0.0
5 2009	47.9	14.9	2.87	16.7	5.2	0.000	0.0	0.0
6 AVERAGE (10 Years) :		7.4		21.5	8.2		0.0	
AVERAGE P/E RATIO	14.8		PROJECTED P/E RATIO	10.5		TTM EPS		3.26
CURRENT P/E RATIO	11.3		PEG RATIO	1.4		FTM EPS		3.50
RELATIVE VALUE	76.4		PROJ. RELATIVE VALUE	76.3		AVG TTM + FTM EPS		3.38

4 EVALUATING REWARD and RISK over the next 5 years

A FUTURE HIGH PRICE ANALYSIS -- NEXT 5 YEARS

Selected High P/E ~~21.5~~ 16.7 X Estimated High Earnings/Share 4.66 = Forecast High Price \$ 77.8

B FUTURE LOW PRICE ANALYSIS -- NEXT 5 YEARS

(a) Sel. Low P/E ~~8.2~~ 6.7 X Estimated Low Earnings/Share ~~2.87~~ 3.26 = \$ 21.8

(b) Average 5-Year Low Price = 7.4

(c) Recent Severe Low Price = 14.9

(d) Price Dividend Will Support = Present Divd. + High Yield = 0.000 + 0.000 = 0.0

Selected Estimated Low Price = \$ 21.8

C PRICE RANGES

Forecast High Price 77.8 - Estimated Low Price 21.8 = Range 56.0 25% of Range = 14.0

BUY (Lower 25% of Range) = 21.8 to 35.8

MAYBE (Middle 50% of Range) = 35.8 to 63.8

SELL (Upper 25% of Range) = 63.8 to 77.8

Current Price 36.830 is in the Hold Range

D UPSIDE/DOWNSIDE ANALYSIS (Potential Gain vs. Risk of Loss)

(Forecast High Price 77.8 - Current Price 36.830) + (Current Price 36.830 - Estimated Low Price 21.8) = 2.7 To 1

5 TOTAL RETURN ANALYSIS

A CURRENT YIELD

Present Full Year's Dividend \$ 0.000 ÷ Current Price of Stock \$ 36.830 = 0.0 % Present Yield or % Returned on Purchase Price

B AVERAGE YIELD - USING FORECAST HIGH P/E

Avg. % Payout 0.0 ÷ Forecast High P/E 16.7 = Avg. Yield 0.0

AVERAGE YIELD - USING FORECAST AVERAGE P/E

Avg. % Payout 0.0 ÷ Forecast Avg P/E 11.7 = Avg. Yield 0.0

C % COMPOUND ANNUAL TOTAL RETURN - USING FORECAST HIGH P/E

Average Yield 0.0 % + Annual Appreciation 16.1 % = Compound Annual Total Return 16.1 %

D % PROJECTED AVERAGE RETURN - USING FORECAST AVERAGE P/E

Average Yield 0.0 % + Annual Appreciation 8.2 % = Projected Average Total Return 8.2 %



PERT-A Report

Company ALMOST FAMILY INC

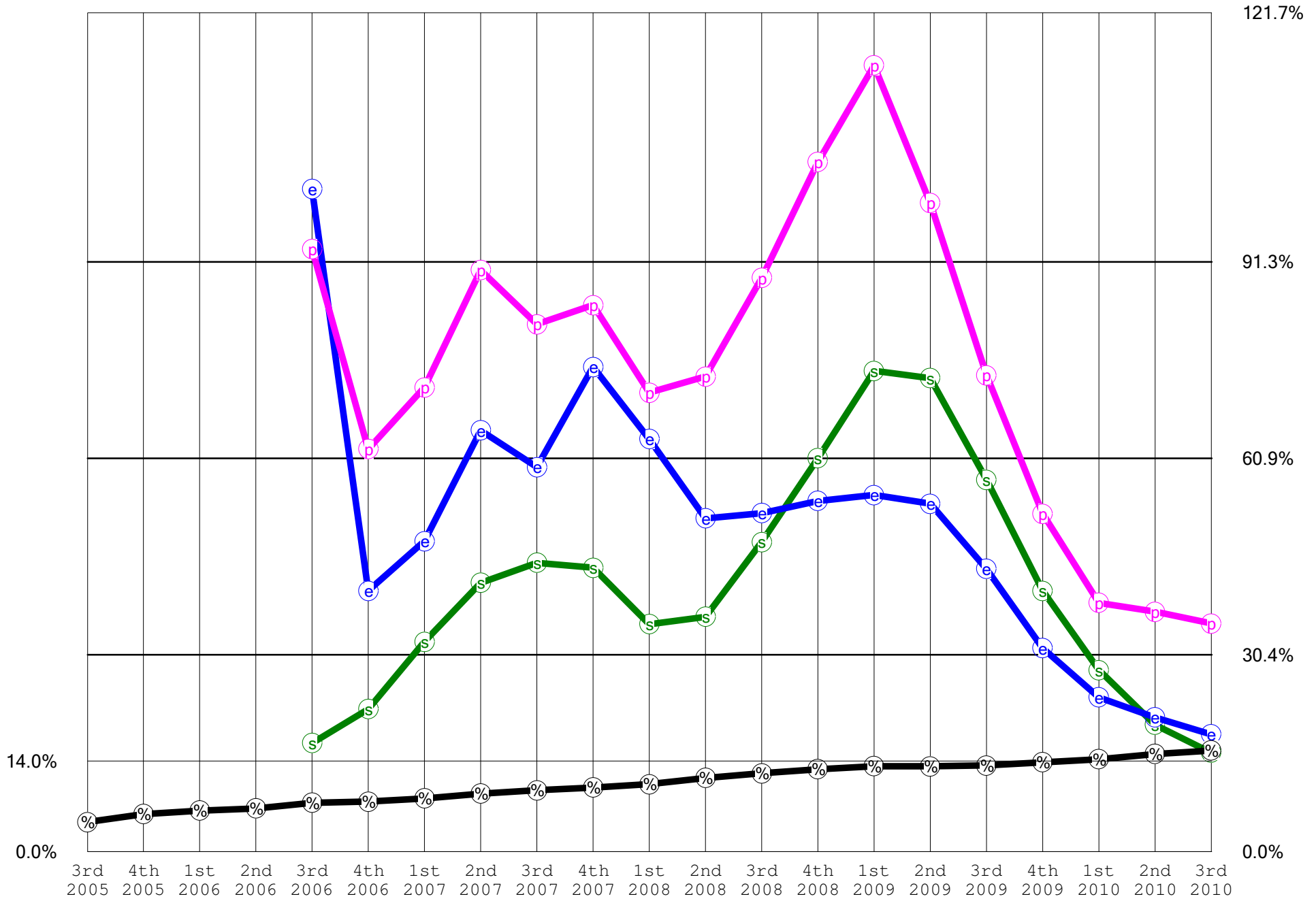
(AFAM)

QUARTERLY DATA									LAST 12 MONTHS DATA								
PERIOD	EPS		PRE-TAX PROFIT			SALES		INCOME TAX RATE	EPS \$	PRE-TAX PROFIT		SALES MIL	INCOME TAX		% CHANGE		
	\$	% CHANGE	\$ MIL	% SALES	% CHANGE	\$ MIL	% CHANGE			\$ MIL	% SALES		\$ MIL	% RATE	EPS	PRE-TAX PROFIT	SALES
03/04								38.8						35.0			
06/04								38.8						36.3			
09/04								38.8						37.5			
12/04	0.07		0.57	3.4		16.90		36.4						38.2			
03/05	0.11		0.93	5.1		18.30		40.8						38.7			
06/05	0.14		1.14	5.9		19.20		37.5						38.4			
09/05	0.08		0.68	3.7		18.36		37.7	0.39	3.31	4.6	72.8	1.3	38.1			
12/05	0.25	257.1	1.63	8.4	184.8	19.38	14.7	21.6	0.57	4.37	5.8	75.2	1.5	34.4			
03/06	0.17	61.9	1.49	7.1	59.7	20.79	13.6	39.3	0.64	4.92	6.3	77.7	1.7	34.0			
06/06	0.18	29.6	1.57	7.2	38.5	21.85	13.8	40.7	0.68	5.36	6.7	80.4	1.9	34.9			
09/06	0.20	143.8	1.72	7.5	154.0	22.95	25.0	39.9	0.79	6.41	7.5	85.0	2.3	35.4	102.6	93.3	16.8
12/06	0.26	4.0	2.31	8.8	42.2	26.23	35.3	40.0	0.80	7.09	7.7	91.8	2.8	40.0	40.4	62.3	22.0
03/07	0.31	82.4	2.86	8.9	92.3	31.95	53.6	39.2	0.94	8.46	8.2	103.0	3.4	40.0	48.0	71.9	32.5
06/07	0.35	100.0	3.30	10.1	109.7	32.71	49.7	40.1	1.12	10.19	8.9	113.8	4.1	39.8	65.2	90.0	41.6
09/07	0.34	74.4	3.17	9.9	84.0	32.06	39.7	39.7	1.26	11.63	9.5	122.9	4.6	39.8	59.5	81.6	44.7
12/07	0.40	53.8	3.77	10.6	63.0	35.41	35.0	40.7	1.40	13.09	9.9	132.1	5.2	39.9	75.0	84.6	43.9
03/08	0.45	45.2	4.24	10.9	48.5	39.03	22.2	39.5	1.54	14.47	10.4	139.2	5.8	40.0	63.8	71.0	35.2
06/08	0.50	42.9	6.50	13.3	97.2	48.70	48.9	39.9	1.69	17.68	11.4	155.2	7.1	40.0	51.6	73.5	36.3
09/08	0.57	67.6	7.45	12.7	135.3	58.71	83.1	36.1	1.92	21.96	12.1	181.8	8.6	39.0	52.4	88.8	47.9
12/08	0.64	60.0	8.86	13.4	135.2	66.17	86.8	39.4	2.16	27.06	12.7	212.6	10.5	38.7	54.3	106.7	60.9
03/09	0.68	51.1	9.27	13.4	118.6	69.20	77.3	39.3	2.39	32.09	13.2	242.8	12.4	38.7	55.2	121.7	74.4
06/09	0.71	42.0	9.83	13.1	51.3	74.85	53.7	39.4	2.60	35.42	13.2	268.9	13.7	38.5	53.8	100.4	73.3
09/09	0.73	28.1	10.18	13.3	36.6	76.29	30.0	39.4	2.76	38.15	13.3	286.5	15.0	39.4	43.8	73.7	57.6
12/09	0.72	12.5	11.92	15.3	34.5	78.02	17.9	43.2	2.84	41.21	13.8	298.4	16.6	40.3	31.5	52.3	40.3
03/10	0.80	17.6	12.50	15.3	34.9	81.78	18.2	40.3	2.96	44.44	14.3	310.9	18.0	40.6	23.8	38.5	28.1
06/10	0.89	25.4	13.96	16.3	42.0	85.61	14.4	40.3	3.14	48.57	15.1	321.7	19.8	40.8	20.8	37.1	19.6
09/10	0.85	16.4	13.23	15.6	30.0	84.90	11.3	40.0	3.26	51.62	15.6	330.3	21.1	41.0	18.1	35.3	15.3
12/10								39.3						40.0			

A B C D E F G H I J K L M N O P Q R S T

PERT-A Graph

Company ALMOST FAMILY INC (AFAM)



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NOTES:=====

11/16/2010: Current: \$36.33 2:50pm Cost Basis \$34.99
3Qtr - est 0.76 Actual 0.85 Beat Estimates 0.06
5yr growth est 24-17 - RCB: Sales 15

Current PE: 10.37 Median Sig PE = 13.85 ET Sig PE 11.2

7/31: Bivio gives us a base cost of \$41.63/share or 1248.90
20 24.67/share=493.40+7=500.40

1248.90 + 500.40=1749.30

50 shares - 1749.30= 34.99/share vice old base of 41.40 current price 26.28

07/28/2010 18:00 Q2 2010 Almost Family Earnings Release

TAKESTOCK V4: 20100718
AFAM Almost Family, Inc. \$25.60 \$29.14 9.5 58%

Summary: If there's no fundamental reason for the current low price, Almost Family, Inc.
would be a buy at 25.60

Reasons to Buy

Earnings growth is very predictable.
Sales have grown historically at 17.9%.
Earnings have grown historically at 32.7%.
Recent sales growth has been 28.1%.
Recent earnings growth has been 25.3%.
Profit margins are trending up or are steady.
Return on Equity is strong.
25.6 is a reasonable price for this stock.
Total return is 18.7%.
At 16.5%, the Risk Index shows the risk to be reasonable.

Items to Check

Sales growth is unpredictable.
Investor interest has cooled. There may be a valid reason.

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