

Ano. of analysts changing earn. est. in last 8 days: 0 up, 0 down, consensus 5-year earnings growth 25.0% per year. Based upon 4 analysts' estimates. Cased upon 4 analysts' estimates.

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		ANNUAL	RATES			ASSETS (\$mill.)	2008	2009	9/30/10
Sales "Cash I Earning Dividen	ash Flow" 19.5%		4: 5: 11:	Yr. 5.5% 9.5% 3.0% 	Cash Assets Receivables Inventory (FIFO) Other Current Assets	2.9 .6 13.9 <u>3.8</u> 21.2	12.7 .7 11.2 10.1 34.7	36.6 .9 17.5 <u>4.7</u> 59.7	
Fiscal	Fiscal QUARTERLY SALES (\$mill.)				Full	Property, Plant			
Year	1Q	2Q	3Q	4Q	Year	& Equip, at cost	31.1 9.4	36.2 13.0	
12/31/08	25.1	27.5	27.3	25.5	105.4	Accum Depreciation Net Property	9.4 21.7	23.2	28.0
12/31/08	_	40.7	45.0	46.2	165.6		8.1	4.9	3.6
12/31/09		66.7	67.3	40.2	103.0	Total Assets	51.0	62.8	91.3
12/31/10	60.6	00.7	07.3			TOTAL ASSETS	31.0	02.0	91.3
12/31/11					_	LIABILITIES (\$mill.)			
Fiscal EARNINGS P						Accts Payable	3.7	5.0	14.5
Year	1Q	2Q	3Q	4Q	Year	Debt Due	3.4	.8	1.0
12/31/07	.09	.07	.07	.05	.28	Other	1.5	.4	.0
12/31/08		.11	.11	.07	.38	Current Liab	8.6	6.2	15.5
12/31/09	.17	.20	.23	.21	.81				
12/31/10	.33	.38	.39	.33	.01				
12/31/11	.43	.49	.00			LONG-TERM DEBT A	ND EQUIT	Υ	
					 	as of 9/30/10			
Cal-	1Q		3Q	4Q	Full Year				
endar	102	2Q	ડપ	4Q	rear	Total Debt \$6.0 mill.		Due in	5 Yrs. NA
2008						LT Debt \$5.1 mill. Including Cap. Lease	e NA		
2009						mondumy cap. Lease	3 IV/\	(7%	of Cap'l)
2010						Leases, Uncapitalized	Annual re		o or oap i)
2011						,			
	INCT	TUTION	DEGICIO	NIC		Pension Liability None	e in '09 vs.	None in '08	
INSTITUTIONAL DECISIONS						Did Charle Mana		DGI DGI I	Date No.
		1Q'10	2Q'10	3	Q'10	Pfd Stock None		Pia DIV'a	Paid None
to Buy		64	74		66	Common Stock 15,053,	000 shares		
to Sell		52	53		56	John Older 10,000,	ooo onarco		

to Sell

Hld's(000)

9898

53

9749

9610

INDUSTRY: Food Processing

BUSINESS: Medifast, Inc. provides weight management and disease management products, and other consumable health and diet products. The company offers weight and disease management, meal replacement, and vitamins. It also operates weight control centers, which provide Medifast programs for weight loss and maintenance; customized patient counseling; and inbody composition analysis. The company markets its products under the Medifast brand that include shakes, women's health shakes, diabetics shakes, joint health shakes, coronary health shakes, momentum drinks, antioxidant shakes, antioxidant flavor infusers, super omega 3, maintenance bars, crispy bars, creamy soups, chicken noodle soup, beef vegetable stew, home-style chili, oatmeal, pudding, scrambled eggs, hot cocoa, chai latte, iced teas, fruit drinks, soy crisps, and crackers. Medifast sells its products through the Web, a call center, independent health advisors, medical professionals, weight loss clinics, and direct consumer marketing. Has 365 employees. C.E.O. & President: Michael S. McDevitt. Address: 11445 Cronhill Drive, Owing Mills, MD 21117. Tel.: (410) 581-8042. Internet: http://www.medifastdiet.com.

January 21, 2011

TOTAL SHAREHOLDER RETURN

Dividends plus appreciation as of 12/31/2010

3 Mos.	6 Mos.	1 Yr.	3 Yrs.	5 Yrs.
6.45%	11.46%	-5.56%	495.46%	451.15%

(93% of Cap'l)